Methodological Annex

Prevention of adult sexual and labour exploitation in the UK: What does or could work?

March 2022

Background and rationale

This study explored UK-based *non-policy* interventions intended to prevent sexual or labour exploitation among adults in the UK. Although the broad remit of the study was the prevention of modern slavery, these parameters were refined to make the study fit within a defined time frame. This need was driven by a policy 'window of opportunity'[1] to inform prevention strategy in the UK. The Home Office's Modern Slavery Strategy was being re-shaped at the time of the study and there was heightened demand to understand 'what worked'. It was also recognised that the evidence base on the impact of prevention initiatives was limited both in terms of its quantity and quality in the UK. As such, the project was designed to draw together insight on 'what looked promising' in this field.

Summary of methods

We used Rapid Evidence Assessment[2] methods for the research comprising three main components: 1) A systematic review of the literature, including evaluations not published in peer-reviewed journals (the 'grey' literature), 2) A survey of prevention interventions across the UK, and 3) A series of Consultation Panel (CP) discussions with survivors and organisations working in counter-slavery.

The study was approved by ScHARR Research Ethics Committee (reference 043361).
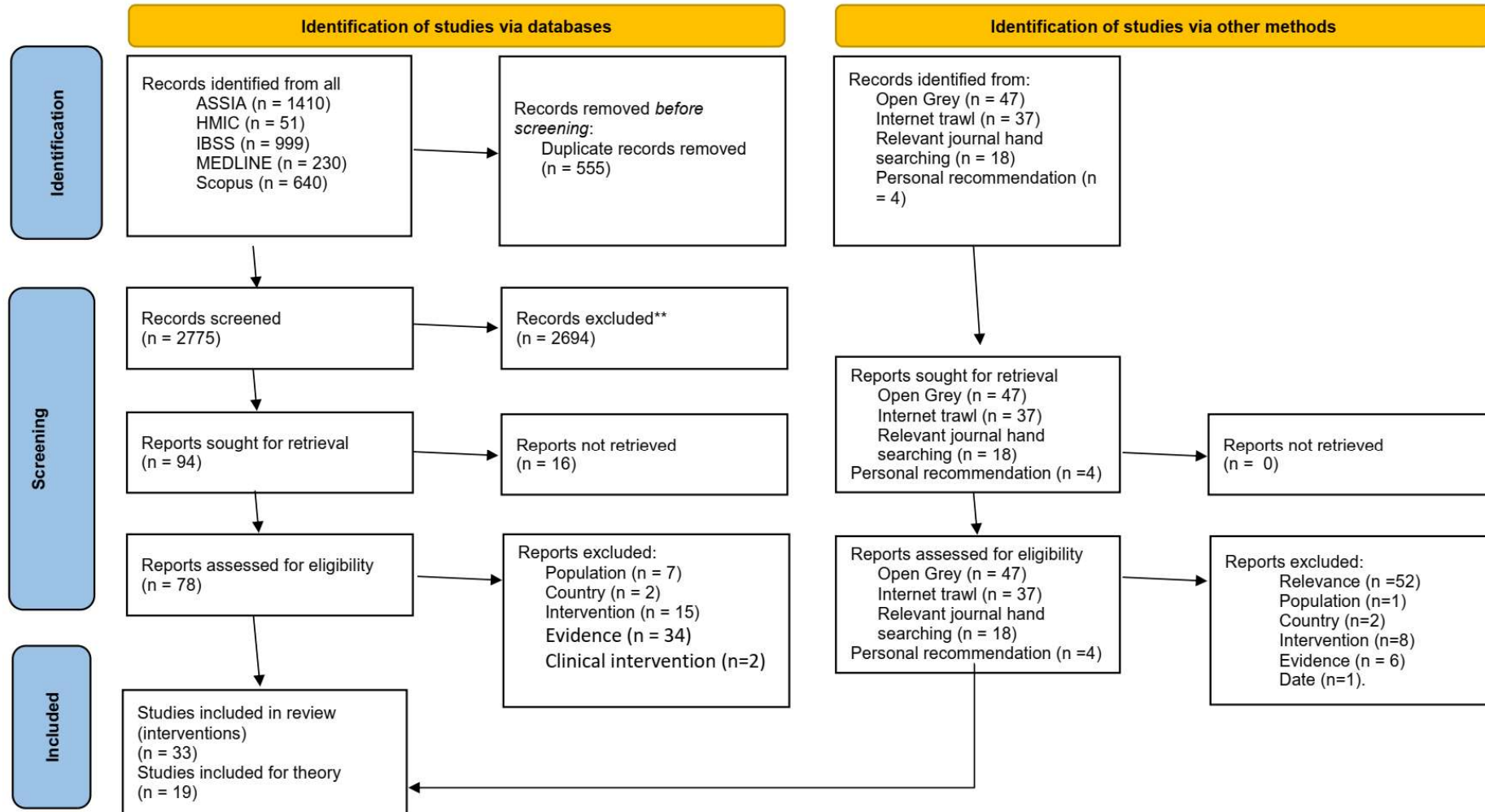
Systematic literature review

A prospective protocol for the systematic review was published on PROSPERO (reference CRD42021281966).

Results

The main body of the results is reported in the report *Prevention of adult sexual and labour exploitation in the UK: What does or could work?* We included 33 empirical evaluative papers in the review (see Figure 1 for the PRISMA diagram). Included evaluative studies are identified in Table 1.

Please contact the authors for further detail about the methods employed in the study.

Figure 1 PRISMA 2020 flow diagram

Identification of studies via databases

Identification of studies via other methods

Identification

Records identified from all
ASSIA (n = 1410)
HMIC (n = 51)
IBSS (n = 999)
MEDLINE (n = 230)
Scopus (n = 640)

→

Records removed *before screening*:
Duplicate records removed (n = 555)

Records identified from:
Open Grey (n = 47)
Internet trawl (n = 37)
Relevant journal hand searching (n = 18)
Personal recommendation (n = 4)

Screening

Records screened (n = 2775)

→

Records excluded** (n = 2694)

Reports sought for retrieval (n = 94)

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Reports not retrieved (n = 16)

Reports sought for retrieval
Open Grey (n = 47)
Internet trawl (n = 37)
Relevant journal hand searching (n = 18)
Personal recommendation (n =4)

→

Reports not retrieved (n = 0)

Reports assessed for eligibility (n = 78)

→

Reports excluded:
Population (n = 7)
Country (n = 2)
Intervention (n = 15)
Evidence (n = 34)
Clinical intervention (n=2)

Reports assessed for eligibility
Open Grey (n = 47)
Internet trawl (n = 37)
Relevant journal hand searching (n = 18)
Personal recommendation (n =4)

→

Reports excluded:
Relevance (n =52)
Population (n=1)
Country (n=2)
Intervention (n=8)
Evidence (n = 6)
Date (n=1).

Included

Studies included in review (interventions) (n = 33)
Studies included for theory (n = 19)

Table 1 Characteristics of selected studies

Authors	Year	Title	Journal/Grey/Thesis	Type of exploitation	Intervention type	Study type	Methods
Ahn et al.	2013	Human Trafficking: Review of Educational Resources for Health Professionals	*American Journal of Preventive Medicine*	Modern slavery/human trafficking	Education and training (e.g. professionals)	Systematic review of literature	Systematic review
Balch	2016	Fresh start. Integrating survivors of modern slavery	Grey	Modern slavery/human trafficking	Wider determinants intervention (e.g. housing, employment) One-to-one victim support e.g. counselling	Empirical evaluative	Process Evaluation Qualitative methods Document analysis (weekly client review data)
Balch et al.	2017	The Co-op's Bright Future programme: An independent Interim Review	Grey	Sexual exploitation Labour exploitation	Wider determinants intervention (e.g. housing, employment)	Empirical evaluative	Qualitative methods Process evaluation
Balch et al.	2019	Bright Future. An independent Review	Grey	Sexual exploitation Labour exploitation	Wider determinants intervention (e.g. housing, employment)	Empirical evaluative	Before & after (no comparison) Analysis of secondary data Qualitative methods Documentary analysis
Birks and Ridley	2021	Evaluating student knowledge about sexual exploitation using an interprofessional approach to teaching and learning	*British Journal of Nursing*	Sexual exploitation	Education and training (e.g. professionals)	Empirical evaluative	Before & after (no comparison) Qualitative methods
Braham	2021	Being a 'professional friend': an exploration of the functioning and impacts of health navigation to improve access to healthcare for migrant women	Doctoral thesis	Modern slavery/human trafficking	Befriending, navigator interventions	Empirical evaluative	Case study evaluation Qualitative methods Documentary analysis
Brewster	2018	Collaborating to Identify, Recover and Support Victims of Modern Slavery	*Journal of Modern Slavery*	Sexual exploitation Labour exploitation	Partnership intervention	Empirical descriptive	Qualitative methods
British Red Cross	2019	Hope for the future. Support for survivors of trafficking after the National Referral Mechanism	Grey	Sexual exploitation Labour exploitation	Casework intervention	Empirical evaluative	Before & after (no comparison) Case study evaluation Qualitative methods
Cagney et al.	2019	Pre-NRM Accommodation Experiences of Survivors of Modern Slavery	Grey	Modern slavery/human trafficking	Safe place intervention (e.g. safehouses)	Empirical descriptive	Qualitative methods Intervention development
Clarke	2020	Police officers' understanding of human trafficking in Kent: investigation, training and knowledge	Master's thesis	Modern slavery/human trafficking	Education and training (e.g. professionals)	Empirical evaluative	Before & after (no comparison)
Cordis Bright	2016	Effectiveness of anti-slavery training and survivor care pathway: Final evaluation report	Grey	Modern slavery/human trafficking	Education and training (e.g. professionals) Partnership intervention	Empirical evaluative	Analysis of secondary data Cross sectional survey Case study evaluation Qualitative methods Process evaluation Literature review Documentary analysis Intervention development
European Commission	2015	Study on Prevention Initiatives on Trafficking in Human Beings	Grey	Modern slavery/human trafficking	Education and training (e.g. professionals) Awareness campaign One-to-one victim support e.g. counselling	Systematic review of literature	Qualitative methods Systematic review Documentary analysis

Author	Year	Title	Journal	Topic	Intervention	Study type	Method
Flynn and Walker	2021	Corporate responses to modern slavery risks: an institutional theory perspective	*European Business Review*	Modern slavery/human trafficking	Supply chain intervention	Empirical descriptive	Analysis of secondary data
Fraley et al.	2020	Systematic Review of Human Trafficking Educational Interventions for Health Care Providers	*Western Journal of Nursing Research*	Modern slavery/human trafficking	Education and training (e.g. professionals)	Systematic review of literature	Systematic review
Garbers et al.	2021	Impact of mobile technology for survivors of modern slavery and human trafficking : A mixed method study	Grey	Modern slavery/human trafficking	Technology-enabled intervention (e.g. Apps)	Empirical evaluative	Before & after (no comparison) Cross sectional survey Qualitative methods
Stop the Traffik/ Human-kind	2019	Harnessing the power of social media: Digital disruption of human trafficking in Lithuanian communities	Grey	Labour exploitation	Technology-enabled intervention (e.g. Apps)	Empirical evaluative	Before & after (no comparison) Qualitative methods
Idris	2017	Interventions to combat modern slavery	Grey	Modern slavery/human trafficking	Education and training (e.g. professionals) Awareness campaign Advocacy intervention Partnership intervention	Non-systematic review of literature	Literature review
Long et al.	2020	Evaluation of the modern slavery Local Authority Pathway pilots. Research report 119	Grey	Modern slavery/human trafficking	Safe place intervention (e.g. safehouses) One-to-one victim support e.g. counselling Access to services intervention Casework intervention	Empirical evaluative	Analysis of secondary data Qualitative methods
Malfait & Scott-Flynn	2020	Evaluation of the Working English North project	Grey	Labour exploitation	Education and training (e.g. professionals) Wider determinants intervention (e.g. housing, employment) Access to services intervention Advocacy intervention Practical support interventions (e.g. ESOL)	Empirical evaluative	Qualitative methods Process evaluation
Metcalf & Selous	2020	Modern slavery response and recognition training	*The Clinical Teacher*	Modern slavery/human trafficking	Education and training (e.g. professionals)	Empirical evaluative	Before & after (no comparison)
Murphy et al.	2018	Independent Review of Caritas Bakhita House	Grey	Sexual exploitation of women	Safe place intervention (e.g. safehouses) One-to-one victim support e.g. counselling	Empirical evaluative	Analysis of secondary data Qualitative methods
Rights Lab /IASC	2017	Collaborating for freedom: anti-slavery partnerships in the UK	Grey	Modern slavery/human trafficking	Partnership intervention	Empirical descriptive	Cross sectional survey Qualitative methods
Sachrajda	2008	POPPY Project Outreach Service. A review of work to date: January--September 2007	Grey	Sexual exploitation of women	Safe place intervention (e.g. safehouses) One-to-one victim support e.g. counselling Peer-based intervention Advocacy intervention Outreach	Empirical evaluative	Analysis of secondary data Qualitative methods
Sereni	2018	Real People, Real Lives. Ten years of advocacy for victims of slavery in the UK	Grey	Modern slavery/human trafficking	Advocacy intervention Partnership intervention	Empirical descriptive.	Analysis of secondary data
Stop the Traffik	2018	Fenland campaign evaluation	Grey	Labour exploitation	Awareness campaign	Empirical evaluative	Analysis of secondary data Process evaluation
Stop the Traffik	2019	Lithuanian communities campaign 2019. Full evaluation report	Grey	Labour exploitation	Education and training (e.g. professionals) Awareness campaign	Empirical evaluative	Before & after (no comparison) Analysis of secondary data Qualitative methods
Stop the Traffik	2020	Impact Report January 2019 - August 2020	Grey	Modern slavery/human trafficking	Education and training (e.g. professionals) Supply chain intervention Awareness campaign Partnership intervention	Empirical evaluative	Analysis of secondary data Cross sectional survey Qualitative methods Intervention development

Tomás	2020	The Passage anti-slavery project 2018/20	Grey	Modern slavery/human trafficking	Education and training (e.g. professionals) Befriending, navigator interventions Partnership intervention Casework intervention	Empirical evaluative	Process evaluation
Trautrims et al.	2021	The UK construction and facilities management sector's response to the Modern Slavery Act: An intra-industry initiative against modern slavery	*Business Strategy and Development*	Labour exploitation	Supply chain intervention *"intra-industry alliance"*	Empirical descriptive	Participatory *"Action research"* Intervention development
van Dyke with Brachou	2021	What Looks Promising for Tackling Modern Slavery : A review of practice-based research	Grey	Modern slavery/human trafficking	Education and training (e.g. professionals) Supply chain intervention Safe place intervention (e.g. safehouses) Awareness campaign Advocacy intervention Casework intervention	Non-systematic review of literature	Literature review
Walby et al.	2016	Study on comprehensive policy review of anti-trafficking projects funded by the European Commission: Final Report	Grey	Modern slavery/human trafficking	Perpetrator intervention Supply chain intervention Awareness campaign Technology-enabled intervention (e.g. Apps) Partnership intervention	Empirical evaluative	Analysis of secondary data Documentary analysis
Walby et al.	2016	Study on the gender dimension of trafficking in human beings	Grey	Sexual exploitation	Safe place intervention (e.g. safehouses) Bystander intervention Wider determinants intervention (e.g. housing, employment) One-to-one victim support e.g. counselling Peer-based intervention Access to services intervention Advocacy intervention Befriending, navigator interventions Partnership intervention Casework intervention Outreach	Empirical evaluative Systematic review of literature	Case study evaluation Qualitative methods Systematic review
Williams-Woods	2021	Independent Review of the Hope for Justice Independent Modern Slavery Advocacy Model	Grey		Advocacy intervention Befriending, navigator interventions	Empirical evaluative	Qualitative methods Documentary analysis [info] *Case reviews*

References

1.   Kingdon JW. *Agendas, Alternatives and Public Policies*. 2nd ed. HarperCollins; 1997.
2.   Government Social Research. REA Toolkit: Rapid Evidence Assessment Toolkit Index.